

The background of the image is a light, neutral gray with a subtle gradient. It is decorated with numerous water droplets of various sizes and shapes, scattered across the frame. The droplets have a realistic, glossy appearance with highlights and shadows, giving them a three-dimensional look. The text is centered horizontally and vertically on the page.

# YOUTH START OF SEASON 2019

# Our Mission

- To encourage fun safe friendly sailing at our club.
- To aid the development of good sailors who can choose their own sailing path, be it racing or cruising
- To provide a pathway to a lifetime of sailing

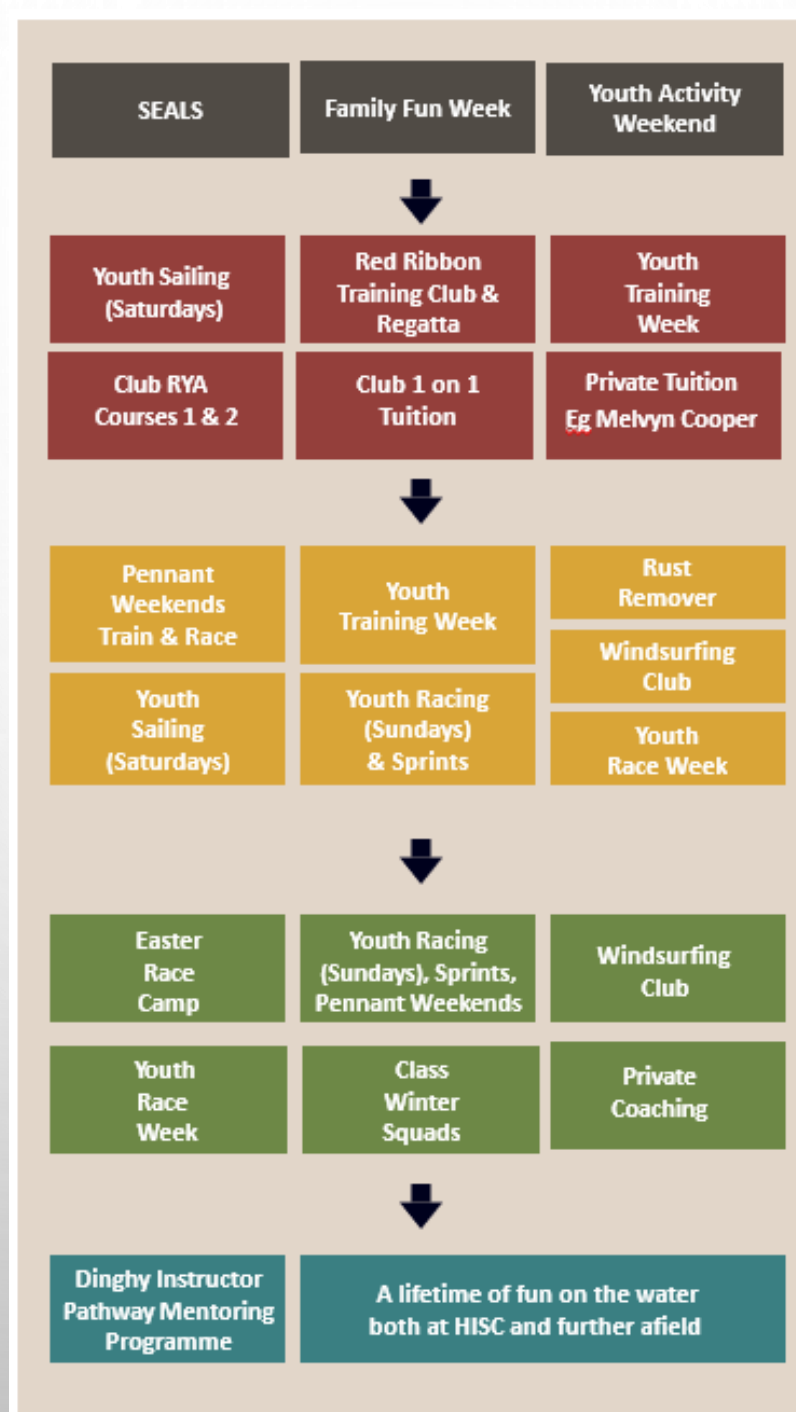


# How do we do it?

- Big Club, with high costs
- Club Racing Free, Training Costs
  - We pay for instructors and hire ribs
- Staff / Committee Structure
- We all get stuck in
  - Duties
  - Additional volunteering
    - On water as crews and drivers
    - Youth Race Week
    - Off water as beach teams, organisers, work parties



# The Pathway



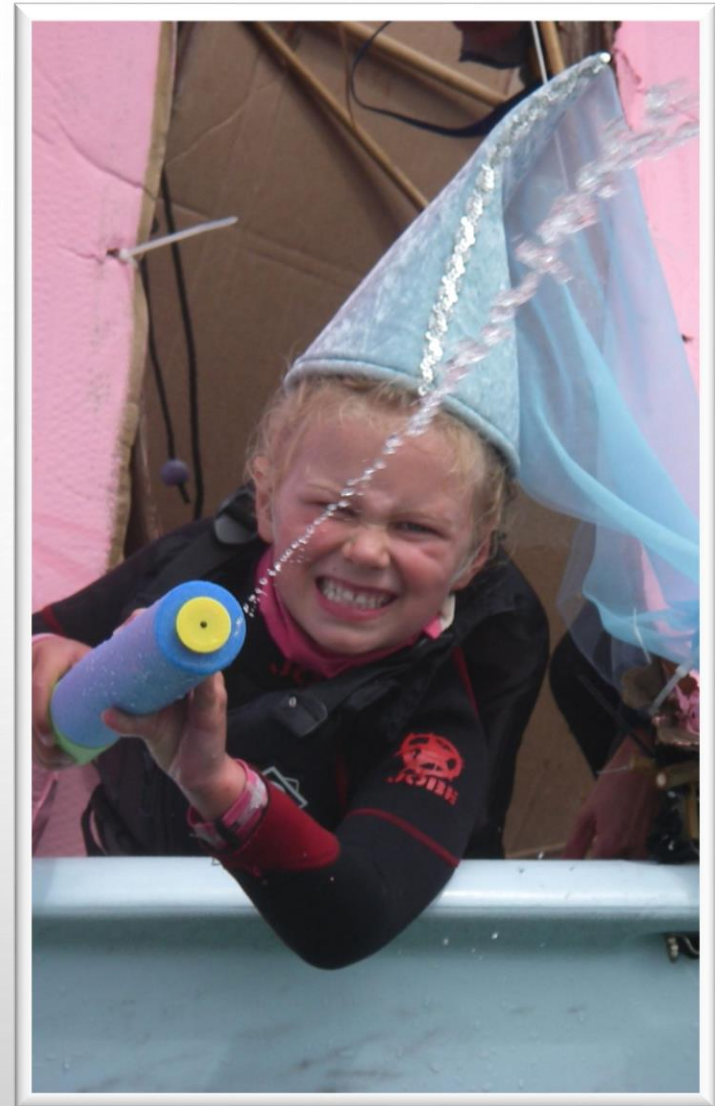
# Seals

- For complete novices and younger members (10 and under)
- Simple games on the water in the safety of the lagoon
- Anything goes boogie boards, kayaks, paddle boards and dinghies.
- "Oppi on a rope", "Borrow a Tera", Share a SUP.
- All about joining in and making friends
- Dates on the youth fixtures list, youth section of website
- No restriction on numbers
- No cost
- Requires volunteers and help on the day
- Join the Facebook Page for updates



# Family Fun Week

- Mon 5 - Fri 9 Aug
- Traditional Week of Family Fun!
- Menu of activities throughout the week
- On water Treasure Hunt, Sailaways and Picnics
- BBQs and Sand Castle competitions
- Talent show, prizes, teas and regatta!
- Not necessary to own a boat
- Book via office when open
- Cost for 2019 TBC



# August Activity Weekend

- Sat 17 - Sun 18 Aug
- A member led weekend packed with Family Fun
- Weekend includes: Parent and Child Regatta and a Seals
- SUPS and beach BBQ and much more
- This weekend is all about joining and pitching in
- No restriction on numbers
- No cost
- Requires volunteers and help on the weekend



# Fun Stuff for Little People

- Easter Weekend, packed with on and off water activities
  - On water treasure hunt
  - On shore egg hunt
  - Easter crafts
  - Youth work party
  - Second hand sale and more!
- Bank Holiday Family Sailaways
- Commodore Trophy and Bart's Bash





# HISC Courses and Private Tuition

- HISC run courses
  - Get started with RYA Youth Stage 1 and 2 Courses
  - Dates on the youth fixtures list, youth section of website
  - Spaces limited to ratios so book early
  - Cost TBC
- Private tuition
  - Melvyn Cooper Sailing
  - HISC one to one private tuition or small group bookings, tailored to suit, enquire Marine Manger



# Youth Training Week

- Tue 28 - Fri 31 May
- A HISC run beginners / improvers training week
- Courses available
  - Oppi and Tera Beginner RYA Youth Stage 1 and 2
  - Oppi and Tera Improver RYA Youth Stage 2 and 3
  - Feva Beginners
- 4 days of full instruction with qualified instructors
- Students require either an own boat or hire boat (not included)
- Contact office for 2019 spaces
- Cost £165 per child, includes a hot lunch



# Red Ribbon Training Club and Regatta

- **Red Ribbon Training Club**
  - A confidence building group
  - 4 full days on the run up to summer
  - Led by Melvyn Cooper Sailing
  - Full for 2019
  - Cost £120 for 4 days (no food included)
  - Parental help required
- **Red Ribbon Regatta**
  - 2019 is a 1 day regatta
  - Open to all new racers
  - Coached fun racing with prizes
  - Cost £20



# Youth Sailing Saturdays

- Run by dutied Instructors and volunteers
- Approx 2 hours of sailing, at high water
- Kids work through cards
- Learning and practicing
  - Seamanship skills
  - Confidence building
  - Cementing friendships
- Book via office or members area on website, from the Wednesday before the day
- Dates and timings ( different each time) are on Youth Fixtures on website
- Cost £2 per session
- 12 places per session
- Requires volunteers and help on the day



# Rust Remover

- Sunday 7th April
- One off day this year led by Melvyn Cooper Sailing
- Chance to get boats out and sorted and brush off the cobwebs ready for a full season of sailing
- Reunites kids with their boats and friends
- Full day of tuition
- Starting with land drills, followed by sailing
- Aimed at Stage 2 and above or equivalent – rusty racers
- 14.00 high water
- Cost £25
- Book in office – limited places left.
- ( 12 places 2 left – or further 6 by Sunday pm)



# Train and Race Pennant Saturdays

- Aimed at supporting the transition to the race course
- Pennant Saturdays (6 in total)
- AM: Briefing followed by on water race training with coach
- PM: Competitor briefing, chat though race plan with coach
- Join in Pennant racing with coach watching
- Full debrief ashore
- Booking via Website cost approx. £20
- Dates on Fixtures List
- Max 12 places each session
- Now ready to book via office,



# Youth Racing Sundays

- Every Sunday morning from April to Christmas
- 4 separate series
- Junior Course – Starts for Opi, Tera, Feva
- Detailed briefing beforehand
- Friend and helpful Race Teams
- On water help and support for new racers
- Parent and child combo welcomed and encouraged
- On West Mud if tide permits
- Briefing 9.45 for 11am start.



# Sprints and Team Racing

- Dedicated Sprints for Opi, Tera, Feva and 29er
- 2 hours of fast fun racing
- 6 – 8 starts
- Whisky finishing to keep the races quick
- On water coaching for those who need help
- Potential in-ter Club Team Racing in Fevas for 2019
- Dates in fixtures list on website





# Easter Race Camp

- Monday 15th April – Thursday 18th April
- A club run Race Training Week
- Courses available
  - Oppi and Tera Start Racing - Intermediate
  - Feva Intermediate Racing
- 4 days of full instruction with qualified instructors
- Students require either an own boat or hire boat (not included)
- Contact office for 2019 spaces
- Cost £165 per single handed boat, £220 per double handed boat, includes a hot lunch per sailor
- 1 space on Oppi start racing



# Youth Race Week

- Open Race Week – invite your friends from other clubs
- Generally around 150 kids take part
- Considered the biggest club youth regatta
- 3 Race Courses, 9 fleets
  - Bronze Tera and Oppi
  - Silver and Gold, Tera and Oppi
  - Feva, 29ers and Handicap
- 5 days of top quality racing
- Socials including
  - Table Tennis Tournament ~ Beach Games
- Youth Race Week Ball
  - Dinner and talk ~ Photo Booth ~ Mark Covell Disco
- Masses of Prizes from amazing sponsors
- Rounded off with tea!
- Online entry opens around June





# Youth Windsurfing Club

## Supported Windsurfing Sessions

- Phenomenal interest in windsurfing from kids in 2018.
- 15 sessions with RIB support
- From 1<sup>st</sup> June to 2<sup>nd</sup> Nov.
- 15 kids per 2 hour session on incoming tide.
- Informal coaching from HISC Windsurfers Members.
- Focussed on fun & improvement.
- Minimum standard:
  - Need to be able to uphaul, sail and tack in a F2.
- Using own equipment.
- Booking will open for each session a few days before.
- Parental assistance required IT IS NOT drop and go !
- Cost – Zero.



# Youth Windsurfing Club

## Options for Beginners

- Lagoon on ad-hoc basis – any age. Plenty of Windsurfing parents around to help.
- Andrew Simpson Water Sports Centre - age 7+ ([www.aswc.co.uk](http://www.aswc.co.uk))
- Private members coaching eg Will Nichols and others available

## Vision (for later seasons)

- Rental gear on site. Formal coaching. RYA accredited.

## More Information

- Join the [HISC Kids Windsurfing](#) Facebook group.



# Youth Windsurfing Club – Dates 2019

1. Sat 01/06/19 - 09:30
2. Sun 02/06/19 - 10:00
3. Sat 22/06/19 - 14:00
4. Sun 07/07/19 - 13:00
5. Sun 21/07/19 - 13:00
6. Sun 04/08/19 - 13:00
7. Sat 17/08/19 - 12:00
8. Sun 01/09/19 - 11:00
9. Sun 15/09/19 - 11:00
10. Sat 21/09/19 - 14:00
11. Sun 29/09/19 - 10:30
12. Sat 05/10/19 - 14:00
13. Sun 13/10/19 - 10:30
14. Sat 19/10/19 - 13:00
15. Sat 02/11/19 - 14:30



# Windsurfing & On Site Chandlery



- Now selling & stocking a range of gear:
  - Windsurf.
  - WindSUP.
  - SUP.
  - Accessories.
- Demo gear.
- Advice.
- HISC Member discounts.



CHALLENGER SAILS



# Class Winter Squads

- To improve racing skills and practice throughout the winter
- High standard of coaching
- Many successful international sailors have trained in the HISC Youth Class Winter Squads
- Optimist, RS Tera, RS Feva, 29er and RS200
- Approx Oct - March
- Things to remember
  - You commit to all dates
  - Its cold
  - Its often very windy
  - You need GOOD kit
  - They NEED to WANT it.
  - Its really good





# Dinghy Instructor Mentee Programme

- The aim is to provide:
  - A mentoring programme that will assist HISC youth (15 yrs+) prepare for the RYA Dinghy Instructor (DI) course
  - Offer valuable teaching experience to recently qualified RYA Dinghy Instructors post the DI course.
- Achieved by the mentees joining an experienced instructor during their teaching days
- Mentors providing hints and tips and full debrief at the end of the day
- There is no cost but also no payment



# Supported Classes - Optimist

- We have over 120 Optimists at HISC and tons of opportunities to enjoy getting out on the water in one.
- Children at HISC learn to sail in a 'Lagoon Oppi' often during SEAL's days and summer holidays



# Supported Classes - Optimist

- Once they have built up their confidence and boat handling skills they can move into a 'beginner racing' Optimist and join in youth sailing and racing.
- Every year HISC hosts an Optimist Open meeting in June which has up to 160 entrants split into Regatta and Main fleet level sailors. This is a great way to enjoy some big fleet racing in the comfort of your home club!
- Rachel Dobrijevic is your class captain.



# Supported Classes – RS Tera

- At HISC we have over 100 RS Teras in our fleet.
- Tera sailors cover a range of ages (7-14) and abilities and as a fleet we try to cater for all of their needs.
- The RS Tera is an ideal boat for children transitioning from Oppies or even as a first boat.
- Its has two sizes of rigs, the Sport for younger children and the fully battened Pro for older children.
- You don't have to own an RS Tera to get involved – HISC have a large number [available to hire](#).
- Craig Thompson is your class captain.



# Supported Classes – RS Feva

- Over 60 boats in our Feva fleet
- Sailed by parent- child, all girl, all boy or mixed pairs from age 8-99
- Sailed single-handed (a popular option for novice ladies)
- Usually sailed and raced as XL rig but S rig useful for lighter crews and windy conditions
- Asymmetric spinnaker nearly doubles sail area
- Supported RYA junior class, great variety of club racing, well supported open meetings, great class race circuit
- Hisc hosts one the rs feva Grand Prix open meeting events each October
- Great for cruising
- Great for training - learning sail or transition from other junior class such as optimist or Tera, beginner, intermediate or advanced racing
- You don't have to own a feva to get involved - Hisc have a number available for hire
- Christine Harper is class captain



# Supported Classes – 29er

- Diverse 29er fleet at HISC covering all levels from transitioning sailors from other classes to world championship level sailors
- Many of the Youth 29er sailors go on to sail the RS200, RS800, 49er and join university match racing teams
- HISC 29ers race in the fast handicap fleet and sail windward / leeward courses at the weekends club racing, Pennant Weekends and Open Pursuit Races.
- The 29er class also enjoy running their own sprints
- Very inclusive fleet
- Winter class squad training is aimed at all levels
- Lucy Jameson is class captain



# Developing Classes – RS200

- Looking to build on a successful 1st year of winter squads
- Good pathway for bigger youth and teens who don't fancy the 29er
- Excellent boats for club racing and also good circuit
- Good boat to share with parents!



# Developing Youth Classes

- We are looking to increase youth participation in the below fleets on the race course
- Laser 4.7- junior and adult courses
- Aero - adult courses
- RS 200 - adult courses





# Something for Mums? Women On Water

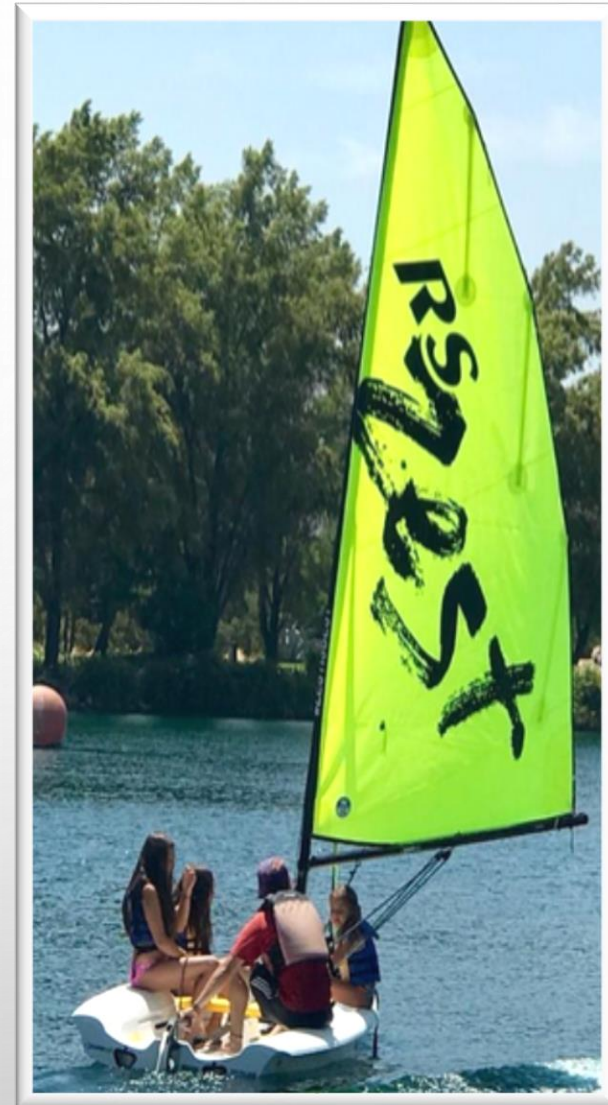
- Thursday mornings are for the ladies!
- Currently have 4 groups from complete beginner to racers
- Booking in blocks of 4 weeks, avoiding school holidays, with an extra 2 day course in June
- Sessions are 10 – 1 with lunch if you have time



# HISC Hire Fleet

	Day Rate	Wednesday evening rate	4 Day *	5 Days**
Optimist	25	n/a	£75	£85
Tera	35	n/a	£105	£115
Zest	40	n/a		£130
Feva S	40	n/a	£120	£130
Feva XL	50	25	£150	£160
2000	60	30		£200
Venture	70	35		£235

- \* 4 Days e.g. Only for a 4 day event Youth Training Week or Easter Race Camp
- \*\* 5 Days e.g. Chi Fed Week, FFW or 5 Sundays
- the 4 days option is only used to the 4 above events or any 4 days event
- the 5 day option can be either taken in a 5 day event or spread over any number of weeks if paid for in advance



# Sandy Point Chandlery Hire

- Shiny new chandlery
- Loads of kit and clothes
- Hire
  - SUPS
  - Kayaks
  - Windsurfers
- Buy Youth Hoodies
- SUP hire price for HISC members this season:
  - 90 mins £25
  - 4 hours £35
  - One day £50



# The Final Straw Solent

- HISC and Final Straw Solent link up to focus on our environment.
- Many of our youth activities will include beach cleans and education on caring for our oceans.
- Promoting ocean health at all times both inside and outside of the club.



# The Final Straw Solent



# Here to help – meet our team of volunteers



**Sarah Mitchell**  
Rear Commodore Youth



**Becca Tuttle**  
Teens



**Rebecca Allison**  
Red Ribbon Training Club



**Amanda Simpson**  
Youth Saturdays



**Mike Pringuer**  
Kids Windsurfing



**Rachel Dobrijevic**  
Optimist Class Captain



**Craig Thompson**  
Tera Class Captain



**Christine Harper**  
Feva Class Captain



**Lucy Jamesson**  
29er Class Captain



**Sarah Beale**  
SEALS

# Communication

- Weekly Newsletter
- Facebook
  - HISC Youth
    - HISC Optimist
    - HISC RS Tera
    - HISC RS Feva
    - HISC 29ers
    - HISC Kids Windsurfing
    - HISC Women On Water
- Class Captains Emails
- Class What's App.
- Doodles

