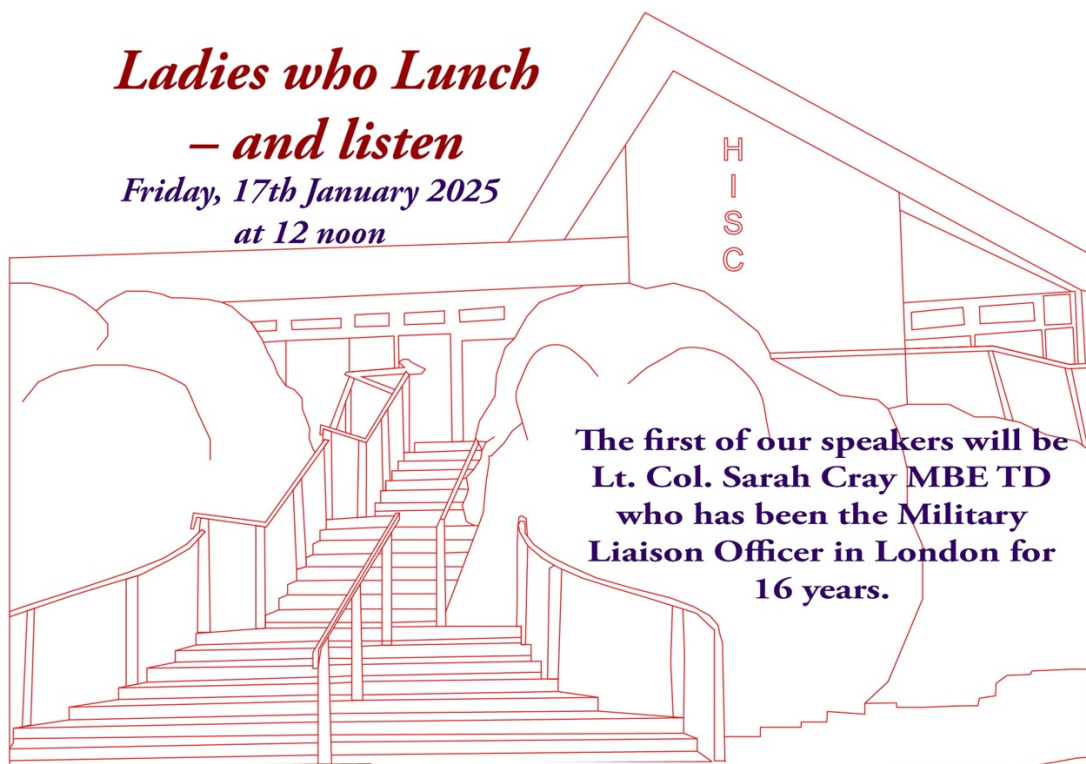


# *Ladies who Lunch* *– and listen*

*Friday, 17th January 2025*  
*at 12 noon*



**The first of our speakers will be  
Lt. Col. Sarah Cray MBE TD  
who has been the Military  
Liaison Officer in London for  
16 years.**



Sarah has served as the Military Liaison Officer in London for 16 years, providing invaluable support to civilian organizations and government departments during several significant events. These include the London Riots in 2011, the 2013 Olympics, strikes by the Fire, Ambulance and Border Force services and the COVID pandemic.

The talk will focus on her role in Operation Bridge, detailing the 11 days leading up to the Queen's funeral in 2022 and the Coronation in 2023. Sarah will provide an insider's perspective on the extensive planning that went into these events, beyond the ceremonial activities broadcasted on TV. She will also share insights into the unexpected challenges that arose, as well as the proactive measures taken to ensure everything went smoothly during these historic occasions.

If you would like to attend, please let us know your choice from the following menu (members prices) by **Sunday, 12th January 2025** by sending an email to [gusti@sky.com](mailto:gusti@sky.com)

Seafood Chowder with crusty bread (no mussels)	£12.95
Ham, Egg and Chips with grilled pineapple	£10.25
Chicken and Ham pie with seasonal vegetables	£12.95
Vegetarian Cottage pie (Quorn) with seasonal vegetables	£12.95
Potato leek soup with choice of bread roll	£ 6.25